

Therapeutics Today

A publication by the National Medicines Information Centre (NMIC)

October 2025



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October 2025 | Issue 9

Welcome to the October edition of Therapeutics Today.

This issue will highlight information, including guidance and advice, recently published by various organisations.

Readers are also reminded of previously published NMIC bulletins, which are available on our website www.nmic.ie.

We welcome any feedback or comments which can be provided using the feedback button below or by emailing the NMIC directly at nmic@stjames.ie.

Guidance and Advice



UK Specialist Pharmacy Service (SPS)

The SPS are a team of pharmacy professionals and support staff commissioned by NHS England to provide advice and guidance on Medicines Optimisation. Recent publications that may be of interest include:

[How enteral feeding tubes affect medicines](#) – last updated 18th September 2025

[Learn more](#)



National Institute for Health and Care Excellence (NICE)

Evidence-based recommendations for the NHS and wider health and social care sector, developed by independent committees, including professionals and lay members, and consulted on by stakeholders. The following recently published or updated guidance may be of interest:

[Atopic eczema in under 12s: diagnosis and management](#) [CG57] – last updated 22nd September 2025

[Learn more](#)



British Menopause Society (BMS)

The British Menopause Society (BMS) is the specialist authority for menopause and post reproductive health in the UK. Established in 1989, the BMS educates, informs and guides healthcare professionals, working in both primary and secondary care, on menopause and all aspects of post reproductive health. The Women's Health Concern (the patient arm of the BMS) recently published the following new fact sheet:

Women's Health Concern (WHC) Fact Sheet on the topic of [Surgical Menopause](#) – published 22nd September 2025

[Learn more](#)



British HIV Association (BHIVA)

Established in 1995, BHIVA is a British national advisory body on all aspects of HIV care. Their representatives contribute to international, national and local committees dealing with HIV care.

An interim update to the BHIVA guidelines on antiretroviral treatment for adults with HIV-1 was recently published. The update includes new evidence related to injectable therapy and the use of long-acting cabotegravir/rilpivirine in non-virally suppressed people; a move away from abacavir for most patients; and updated recommendations for people with nucleoside reverse transcriptase inhibitor (NRTI) resistance can be accessed below:

BHIVA guidelines on [antiretroviral treatment for adults living with HIV-1 2022 \(2025 interim update\)](#) – published October 1st 2025

[Learn more](#)

HSE Antibiotic Prescribing



As readers are aware, the HSE antibiotic prescribing [website](#) is a very useful evidence-based antimicrobial information resource. Current updates to antibiotic prescribing include:

[Bites \(Human/Dog/Cat\)](#) - September 2025

Minor update outlining for which situations to consider rabies, and signposting HPSC guidance on rabies.

For previous updates, readers can consult the *What's New?* section.

[What's New?](#)

Medication Safety



Medication Safety Minute

Readers are reminded of the "Medication Safety Minute", a collaborative project undertaken by two hospital consultants and the Medication Safety Facilitator (a pharmacist) in St James's Hospital.

These bite-sized messages, which may also include short videos, are published every week and are available via X [@medsafetymin](#).

Recent Medication Safety Minutes are linked directly below and include:

[QT- interval prolonging medication](#)

[Hyoscine](#)

[Learn more](#)



Health Products Regulatory Authority (HPRA)

The Health Products Regulatory Authority (HPRA) [website](#) contains the latest regulatory updates on medicines and information on [medicine shortages](#), as well as access to all currently approved product information (e.g. [Summary of Product Characteristics](#) [SmPCs]).

The HPRA have recently issued the following statement:

[HPRA statement on use of paracetamol medicines during pregnancy](#) – published 23rd September 2025

Readers can [register directly](#) with the HPRA to receive safety alerts and Drug Safety Newsletters.

[Learn more](#)



Irish Medication Safety Network (IMSN)

Established in 2007, the IMSN is a voluntary, independent group of hospital pharmacists with the principal aim of improving patient safety with regard to the use of medicines. Their latest alert (No.3) in a series on Parkinson's Disease can be found below:

[Constipation in Parkinson's Disease](#) – published September 2025

[Learn more](#)

Signposting



Recently published articles that may be of interest can be found below:

Voelker R. JAMA patient page: [What Is Endometriosis?](#) *JAMA*. Published online 2025 Sept 18. doi:10.1001/jama.2025.14241.

Ziegler AG, et al. [The future of type 1 diabetes therapy](#). *The Lancet*. Published online 2025 Sept 19. [https://doi.org/10.1016/S0140-6736\(25\)01438-2](https://doi.org/10.1016/S0140-6736(25)01438-2).

McGrath S, et al. [Management of menopausal symptoms following treatment for hormone receptor positive breast cancer](#). *British Journal of General Practice*. 2025 Oct 1;75(759):476-80.

Hofbauer LC, et al. [Glucocorticoid-induced osteoporosis: novel concepts and clinical implications](#). *The Lancet Diabetes & Endocrinology*. 2025 Sep 26.

Angulo MI, Vela M. JAMA patient page: [Lower Urinary Tract Symptoms in Men](#). *JAMA*. Published online 2025 Sept 25. doi:10.1001/jama.2025.14849.

What do you think of *Therapeutics Today*?
Please share any suggestions/comments that you might have!

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